for

Idaho Individualized Occupational Training

Career Education and Employment Preparation

IBEDS 10998



This report was prepared by Kuna and Weiser School Districts

for the

Idaho Division of Professional-Technical Education Individualized Occupational Training Boise, Idaho

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INTRODUCTION

The curriculum development process undertaken by the Idaho Division of Professional-Technical Education involves active participation of industry representatives and educators. For the development of the Career Education and Employment Preparation curriculum the majority of committee members were educators who have taught Career Education and Employment Preparation courses. Industry personnel were included as part of the committee to discover what they are doing to help students in this same area.

The new Career Education and Employment Preparation curriculum framework was developed using the Division of Professional-Technical Education Publications: Basic Workplace Competencies, Individualized Occupational Training Curriculum Topic Listing, Family and Consumer Sciences Career and Personal Development Curriculum, Adult Competencies for Lifelong Career Development, and the Idaho School Counseling Model; VTEC Connect; Lewis-Clark State College Career Exploration Course Curriculum (Local Articulated Course); National Career Development Guidelines; Partnership for 21st Century Skills/SCANS Skills; and the Idaho Career Information System. The curriculum team wrote, reviewed and revised the curriculum framework. This report was prepared upon completion of the committee's assignment. The list of content standards and competencies prepared by committee members reflects the knowledge and skills currently recommended for students in a Career Exploration and Employment Preparation course. Students who complete the course will be better prepared to meet the challenges of today's workforce.

The result of the work of the curriculum committee members is this statewide curriculum guide. These individuals have written overall outcomes, competencies, and performance indicators. The committee prepared materials in a competency-based format to have an effective and efficient methodology for determining student progress. The statewide guides are designed as the primary determiner of the program content. It is not the intent of the State Division of Professional-Technical Education that all programs are designed exactly the same, but assurance is needed that the program meets the minimum standards for operation. Schools offering Individualized Occupational Training should use advisory committees to reflect local and community needs.

Curriculum Project Coordinators

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The curriculum committee process involved personnel from Idaho high schools, business and industry, and the Idaho Division of Professional-Technical Education.

These people serve with the approval of their employers. The Division of Professional-Technical Education provides reimbursement for travel and meal expenses. The Idaho Division of Professional-Technical Education is appreciative of the opportunity to meet with these committee members and to their employers for permitting them to do so. The following people gave their time, energy, and expertise in the development of this curriculum framework:

Curriculum Committee Members

Beth Ambrose IOT Instructor Frank Church High School Meridian, Idaho

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CAREER EXPLORATION AND EMPLOYMENT PREPARATION

Course Description:

The Career Exploration and Employment Preparation curriculum focuses on the young adult as an individual preparing for responsibilities related to the workplace. The student will gain self-awareness, career knowledge and exploration, employability skills, leadership, and lifelong learning skills. Career Exploration and Employment Preparation is designed as a one-semester/trimester class recommended for 10th through12th grade students. A work-based learning experience either follows this course or is engaged in simultaneously.

IMPORTANT INFORMATION

Delivery of the Career Exploration and Employment Preparation Curriculum

It is recommended that this course emphasize full-class participation, teamwork, and individual projects and/or study. The teacher is the facilitator and the manager of the classroom environment. The focus is on self-awareness and employment-preparation instruction that is designed to enable and inspire students to plan and take actions toward discovering and engaging more deeply in their career of choice.

Teacher Qualifications

The teacher of Individualized Occupational Training courses should be secondary certified and have either an endorsement in Work-Based Learning, Career Counseling, or Business Education with cooperative education endorsement.

Length and Level of this Course

This course is a one-semester/trimester experience preferably for grades 10 through 12, with exceptions for 9th graders per instructor/district approval.

Recommended Resources

Burkhardt, Mary Sue, et. al. Developing Career & Living Skills. Jist Publishing. 2009.

Farr, Michael, et. al. Young person's guide to getting and keeping a good job. Jist Works. 2006.

Idaho Division of Professional-Technical Education. Work-based learning.

Idaho State Board of Education. Higher education in Idaho. 2009.

Jordan, Ann, et. al. Learning for Earning: Your Route to Success. The Goodheart-Wilcox Company, Inc. Tinley Park, Illinois. www.g-w.com.

Jordan, Ann et. al. Investigating your career.

Littrell, Joseph J. From school to work. Alibris Publishing. 1996.

Withers, Jennie. <u>Hey, Get a Job: A teen guide for getting and keeping a job.</u> Withers Publishing. 2009.

www.idahocis.com. Idaho Career Information Systems

www.khake.com. Vocational Information Center.

www.roadtosuccesscsareers.com/index.html. Road to Success Careers.

www.realgame.com. The Real Game Series.

www.pte.idaho.gov/guidance/career_clusters.com. Idaho Career Clusters

www.careerclusters.org. National Career Clusters.

Ryan, Jerry, et. al. Preparing for career success. National Textbook Company. 1997.

Career Clusters

This course is recommended for all students as the content helps students develop essential skills necessary for evaluating careers and gaining employment in the diverse workplace. All occupational areas may be related to the Career Exploration and Employment Preparation course as students personally investigate and engage in a career area of their choice.

CURRICULUM FRAMEWORK PROGRAM AREA: Individualized Occupational Training

IDAHO DIVISION OF PROFESSIONAL-TECHNICAL EDUCATION

EFFECTIVE DATE: August 2010

COURSE TITLE: Career Exploration and Employment Preparation IBEDS 10998

PTE NO. 436R

I. MAJOR CONCEPTS/CONTENT:

Career Exploration and Employment Preparation addresses the specific needs of students in the 10th through 12th grades, not excluding 9th grades. With the increasingly competitive workforce, students must have the basic skills and understanding of how to reach career goals.

II. WORK-BASED LEARNING ACTIVITIES:

It is recommended that students select a work environment for actual work experience depending on available opportunities and preferably aligning with their Career Cluster selection.

III. STANDARDS FOR INDIVIDUALIZED OCCUPATIONAL TRAINING:

- A. REFLECT ON SELF-KNOWLEDGE AND FUTURE GOALS TO ANALYZE CAREER OPTIONS
- B. CONNECT THE RELATIONSHIP OF EDUCATION AND EMPLOYMENT TO DEVELOP KNOWLEDGEABLE WORKERS
- C. DEVELOP JOB-GETTING SKILLS
- D. DEVELOP JOB-GETTING TOOLS
- E. MANAGE A VARIETY OF WORKPLACE TASKS AND SKILLS THAT ENHANCE PERSONAL WELL-BEING, AND FOSTER THE SUCCESS OF THE BUSINESS/ORGANIZATION
- F. DEMONSTRATE THE STEPS TO OBTAIN AND MAINTAIN EMPLOYMENT

IV. INTENDED OUTCOMES:

After successfully completing this program, the student will be able to:

- 01. DEVELOP AN AWARENESS OF SELF AND GOALS
- 02. DEVELOP SELF-AWARENESS RELATED TO CAREERS
- 03. EXAMINE POTENTIAL EDUCATIONAL/TRAINING PATHWAYS TO CAREERS
- 04. DEMONSTRATE THE INTERPERSONAL SKILLS NECESSARY TO SUCCEED IN THE WORKPLACE.
- 05. PRODUCE TOOLS NECESSARY TO ENTER THE WORKFORCE

- 06. DEMONSTRATE PERSONAL, PROFESSIONAL, AND ETHICAL BEHAVIOR RELATED TO EMPLOYABILITY
- 07. PRESENT CULMINATING PROJECT TO SUPPORT A STUDENT'S POSSIBLE EDUCATIONAL AND CAREER CHOICE

SUGGESTED SCOPE & SEQUENCE CAREER EXPLORATION AND EMPLOYMENT PREPARATION

LEGEND:

TOPIC AREA

STANDARD

OUTCOME

KEY INDICATORS

MEASURES

SELF AWARENESS

- A. REFLECT ON SELF-KNOWLEDGE AND FUTURE GOALS TO ANALYZE CAREER OPTIONS
 - 01. DEVELOP AN AWARENESS OF SELF AND GOALS

A1:1 Hopes & Dreams

A1:1 Lifestyle Budget

A1:1 Assessment Tools

CAREER EXPLORATION & EDUCATION OPPORTUNITIES

- B. CONNECT THE RELATIONSHIP OF EDUCATION AND EMPLOYMENT TO DEVELOP KNOWLEDGEABLE WORKERS
 - 02. DEVELOP SELF-AWARENESS RELATED TO CAREERS

B2: 1 Explore Careers

B2:2 Skills Inventory Comparison

03. EXAMINE POTENTIAL EDUCATIONAL/TRAINING PATHWAYS TO CAREERS

B3: 1 Education & Training for Chosen Careers

B3: 2 Post High School Opportunities

B3: 3 Cost of Further Education

EMPLOYMENT PREPARATION

- C. DEVELOP JOB-GETTING SKILLS
 - 04. DEMONSTRATE THE INTERPERSONAL SKILLS NECESSARY TO SUCCEED IN THE WORKPLACE

C4:1 Goal Setting

C4:2 Organize the Job Search

D. DEVELOP JOB-GETTNG TOOLS

05. PRODUCE TOOLS NECESSARY TO ENTER THE WORKFORCE

- D5:1 Cover Letter/Letter of Application
- D5:2 Job Application
- D5:3 Resume Preparation
- D5:4 Interview
- D5:5 Thank You Letter/Follow-up Letter

MAINTAINING EMPLOYMENT

- E. MANAGE A VARIETY OF WORKPLACE TASKS AND SKILLS THAT ENHANCE PERSONAL WELL-BEING, AND FOSTER THE SUCCESS OF THE BUSINESS/ORGANIZATION
 - 06. DEMONSTRATE PERSONAL, PROFESSIONAL, AND ETHICAL BEHAVIOR RELATED TO EMPLOYABILITY
 - E6:1 Ethics
 - E6:2 Confidentiality
 - E6:3 Employer/Employee Rights
 - E6:4 Workplace Safety & Health
 - E6:5 Communication
 - E6:6 Technology
 - E6:7 Skills to Succeed
 - E6:8 Decision Making/Problem Solving/Conflict Resolution
 - E6:9 Upgrade Career Skills/Promotion/Changes in Workplace

CAREER PORTFOLIO/ PROJECT/ PRESENTATION/ FINAL

- F. DEMONSTRATE THE STEPS TO OBTAIN AND MAINTAIN EMPLOYMENT
 - 07. PRESENT CULMINATING PROJECT TO SUPPORT A STUDENT'S POSSIBLE EDUCATIONAL AND CAREER CHOICE
 - F7:1 Demonstrate the skills the student has learned

CURRICULUM FRAMEWORKCareer Exploration and Employment Preparation

SELF AWARENESS

A. REFLECT ON SELF-KNOWLEDGE AND FUTURE GOALS TO ANALYZE CAREER OPTIONS

01. DEVELOP AN AWARENESS OF SELF AND GOALS

A1.1	Hopes & Dreams		
	A1.1.1	Articulate future plans or dreams	
	A1.1.2	Complete "wish," "want," and "need" brainstorming	
	A1.1.3	Identify personal interests	
A1.2	Lifestyle Budget		
	A1.2.1	Develop a personal lifestyle budget	
	A1.2.2	Examine a realistic budget based on current poverty-level components	
	A1.2.3	Review careers & income levels; including	
		educational/training requirements	
	A1.2.4	Analyze the impact of career choices on future lifestyles	
A1.3	Assessm	ent Tools	
	A1.3.1	Complete a variety of assessments (e.g., values, aptitudes,	
		skills, interests, learning styles, multiple intelligences,	
		personality type, work importance, career possibilities,	
		knowledge and learning, entrepreneurism)	
	A1.3.2		
	A1.3.3	Relate personal interests to academic & occupational skills	
		±	

CAREER EXPLORATION & EDUCATION OPPORTUNITIES

B. CONNECT THE RELATIONSHIP OF EDUCATION AND EMPLOYMENT TO DEVELOP KNOWLEDGEABLE WORKERS

02. DEVELOP SELF-AWARENESS RELATED TO CAREERS

B2.1	Explore	Careers
	B2:1.1	Investigate a variety of potential careers represented by the
		Career Cluster framework
	B2:1.2	Identify career options, including self-employment and
		nontraditional careers
	B2:1.3	Identify a range of available career information sources
	B2:1.4	Research knowledge, abilities, and skills needed in each occupation using a variety of resources (e.g., handbooks,

- career materials, labor market information, computerized career-information delivery systems, and role models/mentors)
- B2:1.5 Select careers that best match interests and aptitudes
- B2:1.6 Analyze the impact of factors such as population, climate, employment trends, and geographic location on occupational choice
- B2:1.7 Access differences in the wages, benefits, annual incomes, costs of living, and job opportunities associated with selected career options
- B2:1.8 Identify potential conflicts between interest/aptitudes and career choices
- B2:1.9 Identify how career choices influence family, personal life, and lifestyle
- B2:1.10 Assess labor market information pertaining to career options
- B2:1.11 Explore future trends and occupations associated with careers
- B2:1.12 Participate in work-based learning experiences (e.g., job shadow experience)

B2:2 Skills Inventory Comparison

B2:2.1 Compare individual's skills to chosen career skills to examine areas of improvement necessary to perform job.

03. EXAMINE POTENTIAL EDUCATIONAL/TRAINING PATHWAYS TO CAREERS

B3:1 Education & Training for Chosen Careers

- B3:1.1 Examine the education and training options within the 16 Career Clusters
- B3:1.2 Determine the education & training options for chosen careers
- B3:1.3 Compare current education & training with that which is needed for chosen careers to examine areas of improvement necessary to perform the job

B3:2 Post High-School Opportunities

- B3:2.1 Identify various schools offering education & training program for chosen careers
- B3:2.2 Demonstrate knowledge of post-high school (postsecondary) education/training options
- B3:2.3 Explore entrance requirements for postsecondary schools and training programs
- B3:2.4 Understand credentials/requirements needed for career choice (e.g., licensing, on-site experience, apprenticeship, and/or degrees, etc.)

B3:3 Cost of Further Education

- B3:3.1 Explore dual enrollment, concurrent enrollment, and Tech-Prep credit opportunities and processes during high school
- B3:3.2 Identify scholarship opportunities/ resources

B3:3. 3 Negotiate online FAFSA site; clarifying parent/guardian responsibilities
B3:3.4 Analyze education benefits associated with military, apprenticeship, and Job Corp opportunities
B3:3.5 Identify financial assistance options not associated with FAFSA
B3:3.6 Develop a spending plan for postsecondary education/training

EMPLOYMENT PREPARATION

C. DEVELOP JOB-GETTING SKILLS

04. DEMONSTRATE THE INTERPERSONAL SKILLS NECESSARY TO SUCCEED IN THE WORKPLACE

C4:1	Goal Sett C4:1.1 C4:1.2 C4:1.3 C4:1.4	Identify relevancy and components of a personal goal Identify relevancy and components of an employment goal Identify relevancy and components of an educational goal Develop an action plan to achieve these goals
	C4:1.4	Develop an action plan to achieve these goals
C4:2	Organize The Job Search	
	C4:2.1	Collect personal data for personal job portfolio
	C4:2.2	Identify job market trends
	C4:2.3	Network for job source leads
	C4:2.4	Investigate employment avenues (e.g., public and private
		agencies, online job sites, classified advertisements)
	C4:2.5	Match qualifications and skills required for career choices
	C4.2.6	Conduct company research
	C4.2.7	Acquire positive references and letters of recommendation

D. DEVELOP JOB-GETTING TOOLS

05. PRODUCE TOOLS NECESSARY TO ENTER THE WORKFORCE

· I KOI	JUCE 10	OLD RECEDENTIAL TO ENTER THE WORM ORCE
D5:1	Cover Le	etter/Letter of Application
	D5:1.1	Describe the purpose and relevance of a cover letter/letter of application
	D5:1.2	Demonstrate ability to highlight qualifications and skills within cover letter
	D5:1.3	Acknowledge that the resume is a living document that continually needs to be upgraded
D5:2	Job Application	
	D5:2.1	Demonstrate the ability to fill out a job application using portfolio information
	D5.2.2	Distinguish the different components between written applications and online applications

D5.2.3	Identify job documents and procedures sometimes required to secure employment (e.g., urinalysis testing, fingerprinting
	background check, etc.)
Resume	Preparation
D5:3.1	Identify what constitutes a quality resume
D5:3.2	Develop an error-free resume, with references page

Acknowledge that the resume is a living document that

D5:4

D5.3.3

D5:3

D5:5

Interview	
D5:4.1	Identify components of a quality interview
D5:4.2	Demonstrate ability to sell oneself in an interview based on
	qualifications and skills
D5:4.3	Demonstrate appropriate interview etiquette through mock

continually needs to be upgraded

Thank You Letter/Follow-up Letter

interview/role play

Identify components of a thank you/follow-up letter D5:5.1 D5:5.2 Write an interview thank you/follow-up letter

MAINTAINING EMPLOYMENT

E. MANAGE A VARIETY OF WORKPLACE TASKS AND SKILLS THAT ENHANCE PERSONAL WELL-BEING, AND FOSTER THE SUCCESS OF THE BUSINESS/ORGANIZATION

06. DEMONSTRATE PERSONAL, PROFESSIONAL, AND ETHICAL BEHAVIOR RELATED TO EMPLOYABILITY

E6:1	Ethics	
	E6:1.1	Examine the importance of work ethics in the workplace
	E6:1.2	Define desirable professional attitude & behaviors (e.g., positive view of self and work, awareness of impact on others, responsibility, pride)
	E6:1.3	Define desirable professional work habits & behaviors (e.g., punctuality/attendance, quality performance, meeting/exceeding job expectations, self motivation/initiative, honesty, dress code)
	E6:1.4	Examine the impact of employee theft on the individual and the business
	E6:1.5	Determine individual's role within company's mission
	E6:1.6	Acknowledge professional development to benefit employer and improve individual performance (life-long learning)
	E6:1.7	Understand the importance of volunteerism and how it benefits the individual, company, community and country.

E6:2 **Confidentiality** E6:2.1 Identify types of confidential information and the process to keep it confidential (e.g., mail, email, faxes, texting about personnel, customers, and/or company) Explore how to provide the confidential information to only E6:2.2 authorized personnel, whether transmitted physically or via technology E6:2.3 Identify the consequences of a breach of confidentiality E6:3 **Employer/Employee Rights** E6:3.1 Understand local and state labor laws connected to employment E6:3.2 Identify job documents and procedures sometimes required to secure employment (e.g., urinalysis testing, fingerprinting, background checks, etc.) E6:3.3 Evaluate differences between at-will and right-to-work/union states E6:3.4 Recognize contents and importance of business/organization handbook E6:3.5 Demonstrate sensitivity to diverse cultural, gender and generational differences in communications, interpersonal skills and learning preferences E6:3:6 Clarify the role and responsibility of the Equal Employment Opportunity Commission and how it applies to the worksite Define harassment/bullying/sexual harassment and different E6:3.7 ways it contributes to hostile environments (e.g., texting, written, phone, one-one, groups, gender, race, etc.) E6:3.8 Learn differences between appropriate and inappropriate physical, verbal and emotional contact involving sexual harassment E6:3.9 Understand the legal rights and responsibilities of employee and employer in any type of harassment/bullying/sexual harassment situation E6.3.10 Understand the levels and components of employee evaluation, and related due-process rights E6:4 **Workplace Safety & Health** E6:4.1 Review Idaho statistical data involving accidents on the job E6:4.2 Identify safety regulators, especially OSHA E6:4.3 Explore desirable safety attitudes, housekeeping and habits E6:4.4 Gain familiarity with workplace emergency response plans E6:4.5 Gain familiarity with procedures/processes regarding reporting a worker's compensation claim Understand health and stress related issues associated with E6:4.6 the world of work Explore exercise, diet and ergonomic strategies to maintain E6:4.7 work productivity E6:4.8 Clarify strategies for balancing work and family roles E6:4.9 Apply effective problem-solving and decision-making skills regarding safe and healthy choices

E6:4.10 Gain understanding regarding the emotional and physical dangers of substance use and abuse at the worksite

		dangers of substance use and abuse at the worksite	
E6:5	Communication		
	E6:5.1	Apply basic communication skills to written communication	
	E6:5.2	Apply basic communication skills to oral communication	
	E6.5.3	Use nonverbal techniques to reinforce the intended verbal message	
	E6:5.4	Use listening skills to identify major points of a message (e.g., key information, directions, specific details)	
	E6:5.5	Clarify listening skills by rephrasing statements, asking questions, showing empathy, and interpreting verbal and non-verbal information	
	E6:5.6	Understand relating to people of different ages, abilities, genders, cultures, and behavior styles to build strong interpersonal relationships	
E6:6	Technolo	ogy	
	E6.6.1	Understand common software to word process, create spreadsheets, and use databases.	
	E6.6.2	Use information technology tools to access, manage, integrate, and create new information	
	E6.6.3	Use writing/publishing/presentation applications	
	E6.6.4	Understand accessing and transmitting information using electronic communication systems	
	E6.6.5	Identify efficient, effective, and ethical uses of technology in the workplace	
E6:7	Skills to Succeed		
	E6.7.1	Identify important transferable and standard	
		business/organization skills workers must demonstrate to succeed in the workplace	
	E6.7.2	Describe business/organization/industry- specific competency skills necessary to complete the job requirements	
	E6.7.3	Examine the aspects of quality customer service	
	E6.7.4	Understand aspects of assigned tasks according to teamestablished procedures and responsibilities within specified timelines	
	E6.7.5	Explore time management techniques	
	E6.7.6	Employ teamwork techniques to solve problems, make decisions, build consensus, resolve or manage conflicts, construct compromises, support self-expression, and bring forth new ideas and opinions	
E6:8	Decision	Making/Problem Solving/Conflict Resolution	

- E6.8.1 Identify factors that influence problem solving and decision making
- E6.8.2 Analyze the source of the problem or the situation requiring a decision
- E6.8.3 Generate and analyze possible alternatives

	E6.8.4	Match problem-solving and decision-making processes to the given situation
	E6.8.5	Use creative thinking processes to support solving problems and making decisions
	E6.8.6	Justify solution or decision with evidence to support or to disagree with alternatives
	E6.8.7	Formulate, implement, evaluate, monitor, and adjust action plans as needed
E6.9	Upgrade (Career Skills/Promotion/Changes in Workplace
	E6.9.1	Identify personal and workplace changes that require upgrading of skills
	E6:9.2	Modify career goals based on personal and workplace changes
	E6.9.3	Analyze various education/training options for securing needed upgrading
	E6.9.4	Identify importance of participating in professional development activities
	E6.9.5	Examine the concept of taking responsibility for career success and advancement
	E6.9.6	Examine types of job loss and responsibilities for future employment
	E6.9.6	Discuss positive actions to take when leaving a job
	E6.9.7	Develop a letter of resignation
	E6.9.8	Acquire positive references and letters of recommendation

CAREER PORTFOLIO/PROJECT/PRESENTATION/FINAL

F. DEMONSTRATE THE STEPS TO OBTAIN AND MAINTAIN EMPLOYMENT

07. PRESENT CULMINATING PROJECT TO SUPPORT A STUDENT'S POSSIBLE EDUCATIONAL AND CAREER CHOICE

F7:1 Demonstrate the skills the student has learned

F7:1.1	Select an approach, process, and product to achieve the
	culminating activity (flexible per the student and instructor
	agreement)
F7:1.2	Demonstrate evidence of what was learned over the

- F7:1.2 Demonstrate evidence of what was learned over the engagement in the course
- F7:1.3 Analyze the personal meaning attributed to learning
- F7:1.4 Develop a written presentation of the project
- F7:1.5 Develop and make an oral presentation of the project
- F7:1.6 Develop a deliverable that is used in the oral presentation (e.g., a career portfolio, a display board, a media presentation).